

Tele-Health Ontario

Free Access to a Registered Nurse — 24 Hours a day, 7 days a Week. All information is confidential.

Phone: 1-866-797-0000

Telephone Health Advisory Service (THAS)

This service is available to our rostered patients when our clinic is not open. You will be connected to a nurse who will ask a series of questions to assess your health concerns.

Phone: 1-866-553-7205

Ontario Poison Centre

Phone: 1-800-268-9017

Phone: 416-813-5900

Although the Poison Centre is located at The Hospital for Sick Children (SickKids), our clientele includes children and adults. The primary role of the Poison Centre is to provide information and advice about potential or real exposures to poisonous substances.

Motherisk – Phone Lines

Motherisk Helpline: **1-877-439-2744**

Motherisk Helpline: **416-813-6780**

Alcohol and Substance:

1-877-327-4636

Morning Sickness:

1-800-436-8477

HIV and HIV Treatment:

1-888-246-5840

Just For Kids Clinic- St. Joseph's Health Centre

The Just For Kids Clinic is a Paediatric walk-in clinic for children up to and including 17 years of age. The Clinic is located on the Third Floor, in the Our Lady of Mercy Wing

Hours of Operation:

Monday to Friday: 10:00 a.m. to 8:00 p.m., closing between 1:00 p.m. and 2:00 p.m. for lunch.

Weekends and most Statutory Holidays: 10:00 a.m. to 2:00 p.m.

For more information, please call

Phone: 416-530-6611

Urgent Care (UCC)

An UCC can provide assistance for most injuries and illnesses through emergency trained doctors and other health care professionals. Use this when you have an urgent, but non-life-threatening illness or injury like sprains or strains, or if you think you need stitches.

Trillium Health Centre - Urgent Care Centre

150 Sherway Drive
Etobicoke, ON M9C 1A5

Phone: 416-259-6671

North York General Hospital - Branson Division

555 Finch Avenue West
Toronto, ON M2R 1N5

Phone: 416-633-9420

Wait Times

<http://www.urgentcarecentre.ca>

Crosstown Family Health Team Hours:

Do NOT use walk-ins if the FHT is open.

We offer **same and next day appointments!**

416-243-3706

Monday- Thursday: 9am – 5pm

Friday: 9am – 1pm

Walk-in: Saturday, Sunday: 8am – 11am

After Hours Ill Care Matters:

Monday, Wednesday: 5pm – 8pm

Emergency Departments

Humber River Regional Hospital - Church Site

200 Church Street
Toronto, ON M9N 1N8
Phone: 416-249-8111

Humber River Regional Hospital - Finch Site

2111 Finch Avenue West
Toronto, ON M3N 1N1
Phone: 416-744-2500

St Joseph's Health Centre

30 The Queensway
Toronto, ON M6R 1B5
Phone: 416-530-6000

Trillium Health Centre - West Toronto

150 Sherway Drive
Etobicoke, ON M9C 1A5
Phone: 416-259-6671

Etobicoke General Hospital - William Osler Health Centre

101 Humber College Blvd.
Etobicoke, ON M9V 1R8
Phone: 416-494-2120

Emergency Departments

Toronto Western Hospital

399 Bathurst Street
Toronto, ON M5T 2S8
Phone: 416-340-4800

Mount Sinai Hospital

600 University Avenue
Toronto, ON M5G 1X5
Phone: 416-596-4200

Hospital For Sick Children

555 University Avenue
Toronto, ON M5G 1X8
Phone: 416-813-1500

Toronto General Hospital

200 Elizabeth Street
Toronto, ON M5G 2C4
Phone: 416-340-3388

Sunnybrook Health Sciences Centre

2075 Bayview Avenue
Toronto, ON M4N 3M5
Phone: 416-480-6100

Wait Times

<http://edrs.waittimes.net>

Healthcare Resources:

Do you know where to go?

**A guide to helping you find
the health care you need for
emergencies or when the
FHT is closed.**

Crosstown Family Health Team Hours:
416-242-2850 press 4 to speak with
reception. You may leave a message during
regular office hours only.

Monday- Thursday: 9am – 5pm

Friday: 9am – 1pm

Walk-in: Saturday, Sunday: 8am – 11am

After Hours Ill Care Matters:

Monday, Wednesday: 5pm – 8pm

We offer **same and next day appointments!**

Do NOT use walk-ins if the FHT is open.

We won't know if you had tests done or if
you were given medication. Continuity of
care is important to your health so see your
family doctor when possible.